

WINDLE VALLEY RUNNERS

MENS CHAMPIONSHIP 2011

The Mens Championship is decided on the lowest aggregate time achieved during 2011 calendar year by one of the following methods. Chip times used where applicable.

Method A	Submission of best 1-10K , 1-10 Mile and 1-Half Marathon times.	WVR Monthly 10K Handicap Runs are accepted.
Method B	Submission of best 5-10K's.	
Method C	WVR Championship Committee collated 5-10ks from results obtained from published data inc. WVR Monthly Handicap Runs	

Posn	Name	RESULT		METHOD A				METHODS B AND C					
		Total Time	Method used	Best 10K	Best 10M	Best HM	Total 10K 10m & HM	10K No.1	10K No.2	10K No.3	10K No.4	10K No.5	Total 5 10Ks
1	DANNY MAHONEY	3:01:32	A	0:36:48	1:02:19	1:22:25	3:01:32	0:36:48	0:37:14	0:37:19	0:37:24	0:37:46	3:06:31
				Dorney D	Great South	Great North		Dorney D	WVR08	Yateley 2	Fleet	Yateley 3	
2	PETE MANNION	3:08:38	A	0:38:50	1:03:45	1:26:03	3:08:38	0:38:50	0:38:53	0:39:09	0:39:21	0:39:27	3:15:40
				WVR03	Cabbage P	Fleet		WVR03	WVR08	Yateley 1	Yateley 2	WVR05	
3	KEITH HULL	3:20:36	A	0:41:09	1:08:13	1:31:14	3:20:36	0:41:09	0:41:25	0:41:27	0:41:35	0:42:00	3:27:36
				WVR01	Cabbage P	Wok'ham		WVR01	FPH	WVR03	Staines	WVR02	
4	Geoff Williams	3:23:54	A	0:42:33	1:08:55	1:32:26	3:23:54	0:42:33	0:42:57	0:42:57	0:42:59	0:43:05	3:34:31
				Elmbridge	Cabbage P	Wok'ham		Elmbridge	Wargrave	Staines	Yateley 1	Yateley 3	
5	Simon Edwards	3:32:30	A	0:43:03	1:09:09	1:40:18	3:32:30	0:43:03	0:43:59	0:44:03	0:44:17	0:44:56	3:40:18
				Julian F	Cabbage P	Wok'ham		Julian F	Dorney D	Epsom	WVR05	Elmbridge	
6	Russell Conaway	3:41:53	B	0:43:48			Use Method B	0:43:48	0:44:00	0:44:23	0:44:42	0:45:00	3:41:53
				WVR10				WVR10	WVR11	Fleet	WVR05	Yateley 2	
7	Mark Wye	3:53:56	A	0:45:59	1:14:08	1:53:49	3:53:56	0:45:59	0:47:26	0:48:54	0:50:22	0:50:51	4:03:32
				WVR10	Cabbage P	Royal Park		WVR10	WVR09	WVR03	WVR02	WVR07	
8	Tony Sheridan	3:54:10	A	0:47:56	1:20:47	1:45:27	3:54:10	0:47:56	0:47:57	0:48:20	0:48:57	0:49:17	4:02:27
				Yateley 2	Salisbury	Wok'ham		Yateley 2	Wargrave	Yateley 1	WVR01	WVR06	
9	Chris Dent	3:58:09	A	0:47:02	1:19:48	1:51:19	3:58:09	0:47:02	0:47:50	0:47:55	0:48:11	0:48:11	3:59:09
				WVR05	Salisbury	Gosport		WVR05	WVR03	Staines	FPH	Yateley 1	
10	Robert Littlejohn	4:02:11	A	0:47:38	1:21:04	1:53:29	4:02:11	0:47:38	0:48:15	00:48:29	0:48:55	0:48:59	4:02:16
				Yateley 2	Hook	Wok'ham		Yateley 2	WVR03	Yateley 1	WVR06	WVR05	

Continued on Sheet 2

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Posn	Name	RESULT		METHOD A				METHODS B AND C					Total 5 10Ks
		Total Time	Method used	Best 10K	Best 10M	Best HM	Total 10K 10m & HM	10K No.1	10K No.2	10K No.3	10K No.4	10K No.5	
11	Gordon Trout	4:05:29	B	0:48:19	1:22:41		Use Method B	0:48:19	0:48:48	0:48:56	0:49:19	0:50:07	4:05:29
				WVR02	Cabbage P			WVR02	WVR10	WVR11	Riverside	WVR01	
12	Richard Sherlock	4:07:10	A	0:48:33	1:23:58	1:54:39	4:07:10	0:48:33	0:50:40	0:50:45	0:50:58	0:51:37	4:12:33
				Stubb'ton	Cabbage P	Gosport		Stubb'ton	Yateley 1	Yateley 3	Elmbridge	Yateley 2	
13	Robin Wakefield	4:09:03	B	0:48:57		1:56:54	Use Method B	0:48:57	0:49:00	0:49:37	0:49:54	0:51:35	4:09:03
				WVR08		M'head		WVR08	WVR11	Guildford	WVR10	WVR05	
14	Martin Cox	4:09:33	B	0:47:20		1:47:28	Use Method B	0:47:20	0:48:16	0:50:25	0:51:08	0:52:24	4:09:33
				WVR08		Wok'ham		WVR08	WVR04	FPH	Julian F	WVR06	
15	Nathan Green	4:17:07	A	0:50:30	1:25:28	2:01:09	4:17:07	0:50:30	0:50:57				Use Method A
				WVR08	Hook	Wok'ham		WVR08	WVR07				
16	Nick Cook	4:24:20	B	0:52:20			Use Method B	0:52:20	0:52:25	0:52:55	0:52:59	0:53:41	4:24:20
				Yateley 1				Yateley 1	WVR02	Yateley 3	WVR01	WVR09	
17	Dave Pearce	4:24:46	B	0:52:11	1:28:25		Use Method B	0:52:11	0:52:19	0:52:47	0:52:55	0:54:34	4:24:46
				WVR05	Cabbage P			WVR05	WVR08	Riverside	WVR09	WVR01	
18	Colin Woods	4:33:16	C	0:53:08	1:40:11		Use Method C	0:53:08	0:54:16	0:55:00	0:55:13	0:55:39	4:33:16
				Dorney D	Salisbury			Dorney D	Elmbridge	Yateley 2	Yateley 3	Staines	
19	Tony Hatch	4:40:04	B	0:54:46	1:34:49		Use Method B	0:54:46	0:55:25	0:56:22	0:56:34	0:56:57	4:40:04
				Wargrave	Cabbage P			Wargrave	Riverside	WVR07	WVR02	WVR09	